

Sample Training Agenda

to accompany the *Crossing Cultures* DVD

Materials:

- Crossing Cultures DVD
- Handout

(printable version can be downloaded at www.MedicineBoxProject.org)

Introductions: (5 minutes)

The following can be done as a large group or broken into smaller groups of 2-4 people. Ask each group member to introduce themselves, and to describe the cultural or ethnic composition of their family, answering these questions:

“Where did your ancestors come from?”

“What languages are spoken in your family’s home?”

“What languages were spoken in your ancestors’ homes?”

Introduce video: (15 minutes)

Ask participants to imagine the first encounter that their immigrant ancestors had with the health care system in America. Point out that many immigrants today may be equally unfamiliar or afraid of Western-style medicine.

Review immigration statistics in your town, county, state or equivalent.

Show video: (15 minutes)

Review: (20 minutes)

Repeat what each letter of the “LEARN” acronym stands for. Ask for examples of each action from the video or from participants’ own experience.

Distribute handout, review/adjourn: (5 minutes)

Distribute the handout and ask participants to look it over before their next cross-cultural encounter.