

IMMIGRATION. HEALTH CARE.

# THE MEDICINE BOX PROJECT

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## DISCUSSION GUIDE TO ACCOMPANY THE VIDEO

### HEALTHCARE IN THE GLOBAL VILLAGE: KNOWING THE PATIENT



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## DISCUSSION QUESTIONS

### TO ACCOMPANY THE VIDEO

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- What key qualities make caregivers more successful in their relationships with patients?
- What might stand in the way of providing “the triple aim”: high-quality care, high-quality service and cost-effective care for Mr. Gliptis?
- What does patient-centered care mean to you?

# GUIDED LEARNING AND RELATED DISCUSSION QUESTIONS

## HEALTHCARE IN THE GLOBAL VILLAGE: KNOWING THE PATIENT



The following Learning Statements, Discussion Questions and the corresponding Time Codes are to be used with the "Guided Learning" version of the video, available on the DVD.

Time Code	Guided Learning	Discussion Questions
2:25	Try to learn about the patient in the context of his/her whole life.	-What are some questions you can ask the patient to learn more about their personal story?
4:45	Mental health issues can impact adherence to therapy.	-Name some ways a mental health challenge can adversely affect a patient's adherence to therapy. -Are there programs available at your clinic or in your area that can help a patient maintain their drug regimen?
5:20	Recognize that mental health challenges can carry a social stigma.	-What are some strategies to fight stigma toward people with mental health challenges?
5:49	Linked mental health programs can improve the coordination of care.	-Can you think of an example from your own work where inter-professional care improved outcomes for a patient? -What could you do to better encourage inter-professional care in your clinic or patient care setting?

## Time Code

## Guided Learning

## Discussion Questions

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6:56	Patients may experience the effects of PTSD for decades.	-What are some interventions that can implement for patients undergoing PTSD?
8:59	Understand a patient's family/living situation and how it affects care.	- In cases like Alex's, how could you lower the family members' level of burn-out and assist with their emotional distress? - Does your clinic or patient care setting provide you with easy access to a social worker or other professionals who can assist with a patient's complex needs?
9:59	Be a good listener and an advocate for your patients.	- Share some ways you have advocated for your patients in your previous work and/or volunteer experience?
11:21	Know the clinical aspects of PTSD, depression, and anxiety disorders.	-Why is it important to be aware of trauma and PTSD in healthcare settings? - Can you think of some resources you can turn to if you have questions about the mental health components of caring for a patient?